# **Destiny M. Stroud**

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#### **EDUCATION**

Northern Illinois University
Bachelor of Psychology & Fine Arts

Kishwaukee College
Associate of Arts

University of Illinois at Chicago
Bachelor of Business Administration

O1/2018-05/2021
DeKalb, IL

01/2016-12/2016
Malta, IL

#### **EXPERIENCE**

### Kishwaukee Family YMCA, Sycamore, IL

02/2016-Present

Lifeguard/Swim Instructor

- Certified in CPR & first aid
- Maintaining constant surveillance as a primary responsibility
- Provide excellent customer service
- Maintain public safety by testing chemicals & sanitizing the pool area

### **Home of Hope Cancer Wellness Center**

06/2019-12/2019

Social Work Intern

- Provide counseling through active listening, empathy, & effective communication skills
- Create an individualized wellness plan for patients
- Write case notes about patient's sessions
- Perform office duties through filing records and answering phone calls

# **SKILLS**

- Software Skills: Microsoft Office (Excel, PowerPoint & Word)
- Proficient in photography editing software: Adobe (Photoshop, Bridge, & Lightroom)
- Develop film photography while handling corrosive materials
- Trained to print photographs with Inkjet Printers
- Trained to shoot photographs with DSLR & film
- Experienced in handling lighting equipment (External flashes, strobes, backdrops, bogos, etc)
- Experienced working with models & compositing
- Certified Red Cross Lifeguard
- Certified Mandated Reporter since 02/2016

#### **ACTIVITES & ACHIEVEMENTS**

- Photograph featured in the Challenging the Stigma Art Exhibit at NIU in February of 2019
- Member of Alpha Phi Fraternity 2018-2019
- Volunteer Research Assistant for Dr. Holly Orcutt's Trauma Lab at NIU in 2018
- Hosted artwork at the Dekalb Area Women's Center gallery on May 6, 2017
- Awarded a Certificate of Appreciation for Junior Achievement on November 6, 2014

### **PROJECTS**

## **Underlying Emotions** (8 Images)

Visual expression and analysis of how people suppress their emotions

# **Complimentary Colors** (10 Images)

An independent light study based on color theory

## Lightstyle (8 Images)

Manipulation of lights and gels in the lighting studio through experimentation

### **Childhood Trauma** (8 Images)

• An observation made of the similarities between different forms of abuse me and my youngest sister have experienced growing up and how her, being so young right now, decides to cope with it